

Group Reframing Exercise

Reframing is about noticing how we see a situation and then choosing to see it differently. It plays a key role in Appreciative Inquiry methods.

Positive
Working Together



Exercise: In small groups, consider the questions in the left-hand column. Bearing in mind the AI Simultaneity Principle, which states that the first question is fateful and sets the tone for the whole conversation, how could these questions be reframed in order to lead on to a more positive discussion?

What can we do about the fact the youth group always leaves the church hall in a mess?	
Why should we share our minister with three other churches?	
Why won't anyone offer to be a church steward?	
Where are all the young families on a Sunday morning?	
Why are the church services always so boring and tedious?	
How can we rein in the new minister? He's just full of unrealistic ideas!	
Why is our Sunday congregation getting smaller and smaller?	
Why should we try that again? We tried it once and it didn't work!	