



WASH YOUR HANDS FOR 20 SECONDS

That's about the time it takes to say the Lord's Prayer

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and
the glory are yours,
now and for ever. Amen.

THE BEST
OF ALL IS,
GOD
is with US.

The **Methodist** Church 
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