

Navigate

Exploring
the Bible



 BIBLE
SOCIETY

 children&youth METHODIST

Introduction

This resource pack is written as an accompaniment to a series of animations. These animations and resources are designed to help young people explore key questions about the Bible, increase basic biblical knowledge and understanding, and enable young people to engage with reading the Bible.

Age range

The resource pack provides tools for youth leaders/workers to facilitate group sessions exploring the themes raised by the animations on the DVD; there is one animation for each session. The animations are designed to be used with any age group; although they may look fairly simple the animations draw out relevant issues for a wide range of age groups. The resource pack is aimed more specifically at 11-15 year olds; however the activities in it could very easily be adapted to suit either a younger or older age bracket.

Timings

It is recognised that this resource will be used in a vast range of settings, with different sizes of groups and ages and abilities of young people, with varying amounts of time available. This resource is designed to be flexible. It is suggested that you work through each session in the order it is written. It may be that you don't have enough time to cover everything in one session, so you may want to use the activities/content over a number of weeks, or you may choose to miss out some activities. To help you work out which activities **not** to miss, some are marked with an asterisk (*). This indicates that these are essential activities to prioritise because they touch on the key points for that particular session. There are deliberately no timings against the sessions or the individual activities; this is to keep the resource as flexible as possible to suit the different groups with which it will be used. As leaders you know your group, so you are encouraged you to spend the time on the activities that best suit your young people.

Extras

Within the sessions there are occasional boxes entitled "Information point". These contain snippets of key information to convey to your group. This could be done by simply reading the paragraphs to your group, or you could find a more creative way of doing this.

At the very end of the resource pack there is an "Extra session". This contains five Bible studies which we would encourage you to use with your group. However, how you use this will be dependent on how your group works. It could be used as a stand-alone session as you reach the end of the five sessions, or specifically after Session 3. Alternatively you could explore one of the Bible studies at the end of each group session.

Learning styles

Using a range of learning styles will aid children and young people in their learning. It is for this reason that the activities in this resource use a variety of styles. Some are very specific in their instructions, where others are more flexible. Please use and adapt the activities to suit your particular group, but we encourage you to use the range of learning styles available.

Preparation

To help you in leading and planning each session, there are leaders' notes for each session which outline the resources needed for each activity and any preparation you will need to do. Preparation is limited, but reading about the particular issues for that session will help in leading a discussion and dealing with any questions which might arise. The Bible Society website has some useful resources which you might find helpful: www.biblesociety.org.uk/about-bible-society/our-work/the-bible-style-guide/.

Thank you for using this resource with your group - we pray that you will see God working through its contents and that it enables your children and young people to develop in their discipleship.

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Acknowledgements

With thanks to the following people for their contribution to the writing and production of this resource:

Richard Armiger - Active Media Publishing

Jamie Hill - Bible Society

Stef Hoyle - Yarm Methodist Church

Meg Prowting - Methodist Children & Youth

Jon Taylor - Taylormation

Sam Taylor - Methodist Children & Youth

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